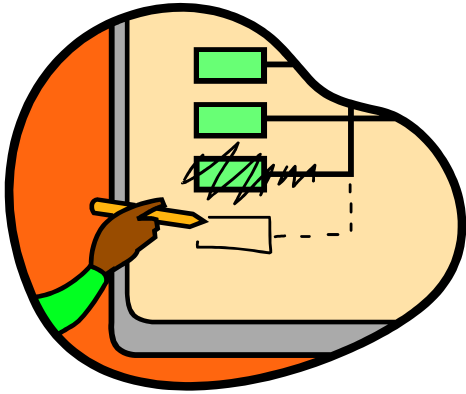


The Staff Development unit, Human Resources Division of San Bernardino County Superintendent of Schools is pleased to announce:



# Dealing with CHANGE

Change is inevitable. Why is it that some change is so difficult to take? Why do some people appear to cope well with change and others do not? When change is happening, how do I adjust to it?

### Workshop topics:

- Accept that there are no normal or abnormal ways of reacting to change
- See change as an essential element that is positive
- Identify the stages of change we go through
- Recognize that adapting to change is all about attitude
- Develop strategies for dealing with and accepting changes in the workplace

**This workshop will be offered three times.**

*Participants need only attend once.*

### Who should attend?

- ✓ SBPEA Classified Employees
- ✓ Confidential Employees
- ✓ Classified Managers
- ✓ Classified Supervisors
- ✓ Non-SBCSS District Classified Employees

**Dates/Locations:** January 17, 2012 @ DMESC

January 20, 2012 @ WEESC

January 25, 2012 @ Roy C Hill EC

**Time:** 8:00 a.m. – 12 Noon

**Fee:** No fee for SBCSS employees;  
\$50 per participant for non-SBCSS participants  
*(No refunds for no-shows or cancellations made within one week of workshop)*

**Limit:** 25 participants per class

**Deadline:** See deadline date on-line

*Minimum of 10 registrants required to hold workshop*



**Please be sure to get approval from your supervisor BEFORE registering**

**Register On-Line @:** <http://oms.sbcss.k12.ca.us/index.php>  
*(Search by name of workshop and/or date of workshop)*

**For more information, contact: Staff Development @ 909.386.2423**